

# **CANSAS**

## **Camberwell Assessment of Need - Short Appraisal Schedule**

**Purpose :** Questionnaire for the assessment of health and social difficulties

**Admin time :** 5 min.

**User Friendly :** High to moderate

**Administered by :** Primary Carer, GP, nurse or Social Worker interview with individual and, where appropriate, their carer or someone else they nominate.  
May be self-administered, or completed by carer.

**Content :**

One-page version that can be used in routine clinical work or as an outcome measure in research studies. It assesses the need rating for each of the 22 CAN domains. The perspective of staff, service users and informal carers are recorded separately. Information is recorded on CANSAS by staff

**Author :**

CAN 1st edition : Slade M, (1995), Book form (1999)

CAN 2nd edition : Slade M, (2020) :

CANSAS : Hoe J, (2021)

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**Translation :**

**Translated** into 30+ languages



<https://www.cgakit.com/can>

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## Camberwell Assessment of Need - Short Appraisal Schedule

<b>Service user name</b> 	<b>Need rating</b> N = No need      U = Unmet need M = Met need      ? = Not known			
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Assessment number	1	2	3	4
<b>Circle who is interviewed (U = Service user, S = Staff, C = Carer)</b>	U / S / C	U / S / C	U / S / C	U / S / C
<b>Date of assessment</b>				
<b>Initials of assessor</b>				

<b>1 Accommodation</b> <i>What kind of place do you live in?</i>				
<b>2 Food</b> <i>Do you get enough to eat?</i>				
<b>3 Looking after the home</b> <i>Are you able to look after your home?</i>				
<b>4 Self-care</b> <i>Do you have problems keeping clean and tidy?</i>				
<b>5 Daytime activities</b> <i>How do you spend your day?</i>				
<b>6 Physical health</b> <i>How well do you feel physically?</i>				
<b>7 Psychotic symptoms</b> <i>Do you ever hear voices or have problems with your thoughts?</i>				
<b>8 Information on condition and treatment</b> <i>Have you been given clear information about your medication?</i>				
<b>9 Psychological distress</b> <i>Have you recently felt very sad or low?</i>				
<b>10 Safety to self</b> <i>Do you ever have thoughts of harming yourself?</i>				
<b>11 Safety to others</b> <i>Do you think you could be a danger to other people's safety?</i>				
<b>12 Alcohol</b> <i>Does drinking cause you any problems?</i>				
<b>13 Drugs</b> <i>Do you take any drugs that aren't prescribed?</i>				
<b>14 Company</b> <i>Are you happy with your social life?</i>				
<b>15 Intimate relationships</b> <i>Do you have a partner?</i>				
<b>16 Sexual expression</b> <i>How is your sex life?</i>				
<b>17 Dependents</b> <i>Do you have any dependents, e.g. children under 18?</i>				
<b>18 Basic education</b> <i>Any difficulty in reading, writing or understanding English?</i>				
<b>19 Digital communication</b> <i>Do you have a phone and access to the internet?</i>				
<b>20 Transport</b> <i>How do you find using the bus, tube or train?</i>				
<b>21 Money</b> <i>How do you find budgeting your money?</i>				
<b>22 Benefits</b> <i>Are you getting all the money you are entitled to?</i>				

<b>A Total Met needs – count the number of M's in the column</b>				
<b>B Total Unmet needs – count the number of U's in the column</b>				
<b>C Total number of needs – add together A + B</b>				