

**Identifying Medications that Older Adults Should
Avoid or Use With Caution:
the 2012 American Geriatrics Society
Updated Beers Criteria**

Drugs with Strong Anticholinergic Properties

(Table 9)

Antihistamines : Brompheniramine Carbinoxamine Chlorpheniramine Clemastine Cyproheptadine Dimenhydrinate Diphenhydramine Hydroxyzine Loratadine Meclizine	Antiparkinson agents : Benztropine Trihexyphenidyl	Skeletal Muscle Relaxants : Carisoprodol Cyclobenzaprine Orphenadrine Tizanidine
Antidepressants : Amitriptyline Amoxapine Clomipramine Desipramine Doxepin Imipramine Nortriptyline Paroxetine Protriptyline Trimipramine	Antipsychotics : Chlorpromazine Clozapine Fluphenazine Loxapine Olanzapine Perphenazine Pimozide Prochlorperazine Promethazine Thioridazine Thiothixene Trifluoperazine	
Antimuscarinics : (urinary incontinence) Darifenacin Fesoterodine Flavoxate Oxybutynin Solifenacin Tolterodine Trospium	Antispasmodics : Atropine products Belladonna alkaloids Dicyclomine Homatropine Hyoscyamine products Propantheline Scopolamine	